

The Concierge

TIPS FOR TOURING HERE AND ABROAD

HERE

GET A TASTE OF MAINE

Take a tour of a chocolate factory, see elaborate ice sculptures, and sample dishes by Maine's best chefs at Flavors of Freeport, Feb. 19-21. This weekend-long event, held at the Hilton Garden Inn and other locations in downtown Freeport, includes the Chef's Signature Series, featuring dishes by Chris Bassett of Azure Cafe, Troy Mains of The Harraseeket Inn, and Dominic Petrillo of Petrillo's Italian. The event also includes the Flavors Ice Bar, where you'll find ice sculptures, an ice luge, a fire pit, a barbecue, and music by the disco party band Motor Booty Affair. Don't miss the free tasting events around town and the lobster brunch. Free-\$32. 207-865-1212, www.freeportusa.com

BUY OR BROWSE

AT THE NEW ENGLAND BOAT SHOW

Escape winter at the New England Boat Show, Feb. 13-21, where you can wander around more than 800 sailboats and powerboats, see the latest fishing gear and marine accessories, and take a class on anything from navigation and long-distance cruising to engine maintenance. Also meet Captain Dave Carraro of the National Geographic series "Wicked Tuna." Carraro, who runs Gloucester Fishing Charters and has set records hauling in cod and tuna, will greet show attendees Feb. 19-21. The boat show, held at the Boston Convention and Exhibition Center, also offers more than 100 free classes, demonstrations, and hands-on clinics. Show hours vary by day. Admission \$15 adults, free for 15 and under. 617-472-1442, www.newenglandboatshow.com



THERE

BIKE AMERICA'S NATIONAL PARKS

Celebrate the 100th anniversary of the National Park Service by exploring a park by bike. A new website, www.bikeyourpark.org, helps you plan your bike trip in a national park, from Maine's Acadia National Park to Hawaii's Haleakala National Park on the island of Maui. The new site was developed by Sarah and Kyle George, who run Bright Angel Bicycles on the Grand Canyon's South Rim. It includes information on some of the Grand Canyon's best bike routes, for instance, such as one along Hermit Road, which is closed to traffic in the summer, allowing bikers to enjoy some of the park's best views without worrying about cars and big crowds. BikeYourPark.org provides routes in about half a dozen national parks so far, and gives you a chance to upload your favorites. www.bikeyourpark.org

GAIN QUICK ENTRY TO AIRPORT LOUNGES

Thanks to a new partnership between



TripIt from Concur and LoungeBuddy, you can instantly book a pass at more than 100 participating airport lounges worldwide using the free TripIt app. Download the app onto your Apple or Android device, and keep it updated with your future travel plans. When this clever app sees an upcoming flight, it automatically pulls a list of all the lounges in the airports you're traveling to or through (the database includes info on more than 2,500 lounges around the globe). This list tells you where each lounge is located, opening times, and the cost of entry, letting you quickly compare rates and amenities. Entries often include photos of the lounges and reviews from other travelers. Choose a lounge from one of the participating 100 and you're directed to the free LoungeBuddy app to instantly book your entry. TripIt Pro members receive a \$25 credit to use toward a pass booked through LoungeBuddy. www.tripit.com

EVERYWHERE

WARM UP YOUR SKIN IN COLD WEATHER

UTHERMIC's Coldscreen can protect your skin whether you're traveling around New England or in colder climates around the globe. According to the makers, this cold weather protection cream creates a gentle warming effect on your skin and helps you retain your own natural body heat, making you feel up to 20 degrees warmer. Apply it on your body — not on your face — and the warming sensation lasts up to four hours, helping you stay toasty whether you're skiing, bike commuting, or standing on the deck of your Norwegian cruise ship. The fragrance-free, non-greasy lotion is made with organic aloe and jojoba, and is safe for all skin types. \$15 for 2.7-ounce bottle, \$20 for 5.1-ounce bottle. www.uthermic.com

SHOOT SELFIES IN WET OR MESSY CONDITIONS

Take the ultimate selfies on your next outdoor adventure, from scuba diving to snowboarding, with the PowerGrip H2O. This waterproof grip has a built-in 6,700mAh battery that can keep your action camera charged for up to 12 hours of shooting. It comes with GoPro and tripod-compatible mounts, and a clamp that lets you attach a smartphone. Or use the StrapMount to attach the grip to your backpack, PFD, or scuba tank. The rugged, folding grip also comes with two 11-inch extension arms that provide up to 33 inches of reach when attached. Two USB ports, protected by a waterproof door, power or recharge your devices. The grip weighs 9.5 ounces, and can live-charge a camera up to 99 feet underwater. \$99.99. www.polarprofilters.com

KARI BODNARCHUK



Sorelle Fontana alongside the hand of the Colossus of Constantine statue in Rome in 1952.

Below: A dress by Sorelle Botti.

REGINA RELANG

Jet off to see Italian chic on display . . . in Fort Lauderdale

By Christopher Muther

GLOBE STAFF

Take your mind back to October 2009 for the "Mad Men" episode titled "When in Rome." Just typing the sentence makes me so utterly sad that "Mad Men" is no longer with us. In it, Don and Betty (still married) jet off to Rome for the weekend. What I remember most is the magical scene featuring Don and Betty at an al fresco cafe pretending they're sexy strangers. I suppose that's one way to sprinkle a little paprika on a cold tuna casserole of a marriage. Betty is a vision straight out of Federico Fellini's "8½" in a voluminous bouffant, bubble earrings, and a black dress. A perfect black dress.

This is the kind of "La Dolce Vita" chic that goes on display Sunday in "Bellissima: Italy and High Fashion 1945-1968" at the NSU Art Museum Fort Lauderdale. You won't see Betty's exact Rome dress, but you will see amazing midcentury fashion from designers such as Sorelle Fontana, Germana Marucelli, Mila Schön, Valentino, Roberto Capucci, Fernanda Gattinoni, Fendi, and, the master of the prints, Emilio Pucci.

The exhibition features 90 designer garments that range from formal gowns to swinging 1960s cocktail frocks. Wherever there are fashion designers, celebrities are sure to follow, and "Bellissima" includes outfits that were designed specifically for Ava Gardner, Anita Ekberg, Ingrid Bergman, Lana Turner, Kim Novak, and Anna Magnani.

Curated by Maria Luisa Frisa, fashion curator and professor at IUAV University of Venice, Anna Mattiolo, director of MAXXI (museum of contemporary art and architecture), and Stefano Tonchi, editor-in-chief of W magazine, the exhibition goes beyond fashion to show how the couture of the era tied into the culture



of the country.

"They were luxury creations, but nonetheless practical," said Tonchi in a statement describing the show. "Precious, embroidered textiles that had a certain simplicity; short cocktail dresses that allowed for movement; and warm, roomy coats accompanied by oversized handbags."

Prepare yourself for the show by filling your laptop with the films of Luchino Visconti, Vittorio De Sica, and Fellini for the flight south (*please* put "Boccaccio 70" at the top of your list), and then see the beauty of those garments up close and personal.

NSU ART MUSEUM FORT LAUDERDALE One East Las Olas Boulevard, Ft. Lauderdale, nsuartmuseum.org, 954-525-5500. Admission: \$12 adults, \$8 seniors, and \$5 students.