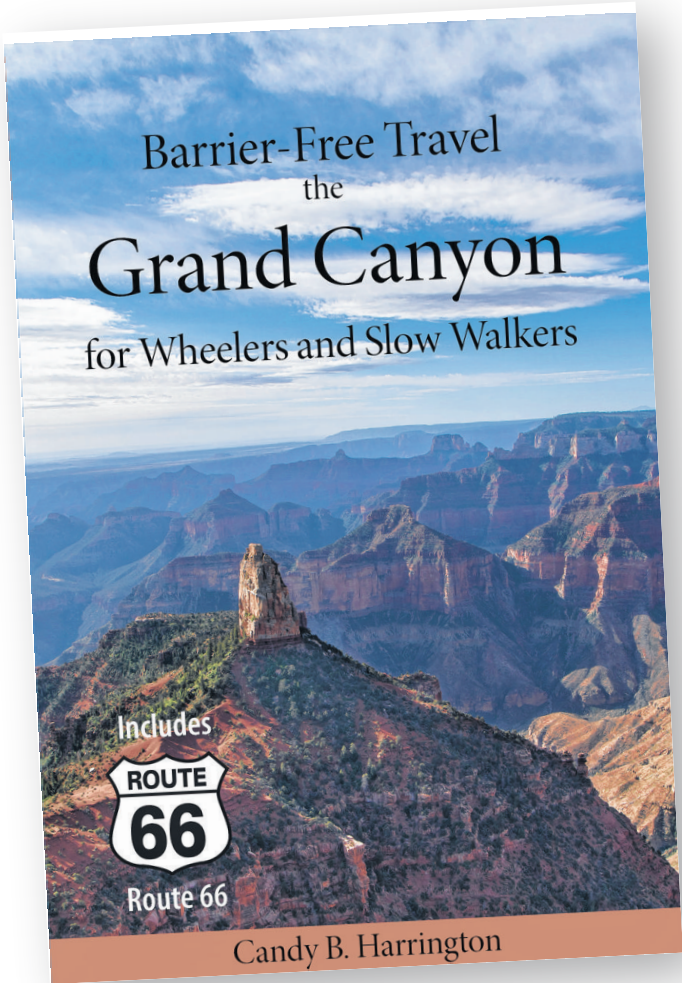


The Concierge

TIPS FOR TOURING HERE AND ABROAD



ADOBE.COM



ENSURING CANYON IS GRAND FOR ALL

By DIANE DANIEL | GLOBE CORRESPONDENT

For slow walkers and travelers with accessibility needs, the depth and breadth of the Grand Canyon might seem daunting, but there are plenty of ways to enjoy the geological wonder. Just in time for the 100th birthday of Grand Canyon National Park, accessible travel expert Candy Harrington has released “Barrier-Free Travel: the Grand Canyon for Wheelers and Slow Walkers” (C&C Creative Concepts, \$14.95). The guidebook includes not only Grand Canyon access information for wheelchair-users, slow walkers, and stroller-pushing parents, but also features a comprehensive access guide to Arizona’s Interstate 40 and Route 66.

Harrington, who is based in California, includes photos and detailed access reviews of all in-park lodging options; fly-drive resources, including the location of nearby airports and the availability of accessible shuttle; accessible airplane, helicopter, bus, and train tours of the Grand Canyon; and barrier-free camping and picnicking choices. She also shares details on the only driving route to the bot-

tom of the canyon and information on special access passes and permits.

Because a visit to the Grand Canyon typically entails a road trip, the guidebook highlights accessible attractions, lodging options, and sightseeing stops along Interstate 40 and Route 66. Included are the towns of Kingman, Flagstaff, Williams, Winslow, Tusayan, and Valle.

The guidebook also features access information about Grand Canyon West, which is located on Hualapai tribal land. Although it’s exempt from the Americans With Disabilities Act, Harrington reports that leaders made the site as accessible as possible, with options including shuttle buses, an accessible cabin, and barrier-free access to the see-through Grand Canyon Skywalk.

Harrington is the author of several accessible travel titles, including “Barrier-Free Travel: A Nuts and Bolts Guide for Wheelers and Slow Walkers.”

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HERE

BIKE FILM FESTIVAL CAPTURES GLOBAL ADVENTURES

Enjoy 14 short films that celebrate bike exploration and travel during the 10th annual Ciclismo Classico Bike Travel Film Festival. The film fest is at Arlington’s Regent Theatre on March 20 and Northampton’s Academy of Music on March 28. Follow a family on a monthlong bike trip through the Himalayas; a man known for drumming while riding in Boston-area bike events (the film chronicles his Florida drum-biking adventures); and a father and daughter on an overnight bike-packing trip through Western Mass., as they deal with childhood leukemia and find happiness in pushing limits. The films also take you on adventures through Thailand, Italy, Ukraine, and Iceland. The Arlington event features an all-cookie buffet, live music from Slow Boat Home, and raffle prizes, while the Northampton festival includes a VIP tasting event. The film fest is produced by Arlington-based Ciclismo Classico, a company that leads bicycle vacations worldwide. Tickets \$10-\$25, depending on the venue. 781-646-4849, www.ciclismo-classico.com

A ONE-OF-A-KIND BREW FEST

Head to Killington Resort to sample more than 30 beers created specifically for this year’s Vermont Brewers Festival on March 23. Beer makers from 34 Vermont brewers — including Harpoon, Magic Hat, Rutland Beer Works, Hermit Thrush, and 14th Star Brewing — and two Canadian brewers col-



laborated to make one-off beers for the festival. The outdoor event, which has been held at Burlington’s waterfront park for the past 26 years, will include food trucks, fire pits, more than 125 beers to sample, and a chance to meet the brewers. Attend the noon-3 p.m. or 4-7 p.m. session for \$44, or buy a \$123 package, which includes one brew fest session and a lift ticket. www.vtbrew-fest.com

THERE

LOCATE A GYM WHILE TRAVELING

Don’t give up your workout routine on the road. A New York City-based company has created an app that lists more than 25,000 fitness centers and gyms worldwide. Download the Zeamo app to your Android or Apple device and find out where you can go swimming, rock climbing, weight lifting, or running; play squash or tennis; do yoga and Pilates; or sit in a steam room after a long flight. Each listing offers a short description of the facility, pricing information, hours, and available activities and amenities. The app can be a little clunky (you must

delete old searches before running new ones), but it can help you locate good workout facilities and classes, if available, along your route. www.zeamo.com

THIS TOUR TRACES DA VINCI’S LIFE

Honor the 500th anniversary of Leonardo da Vinci’s death with a 12-day tour through Italy, England, and France. Boston-based Audley Travel’s Grand da Vinci Tour of Europe offers a detailed look at the artist’s life and creations. The trip begins in Florence, where da Vinci studied, then takes



travelers to Paris, Milan, London, and the Loire Valley, where the artist spent his final years. Highlights include visits to the Louvre in Paris, the British Museums in London, and the Uffizi Gallery in Florence. The fully customizable tour includes guided excursions, scenic train rides, accommodations, and a Milan-to-London flight. Rates start at \$10,350 per person, based on two travelers staying in mid-range boutique hotels. Dates available anytime. 833-640-8100, www.audleytravel.com/us

EVERYWHERE

A TOP BAG FOR YOUR CYCLING TRIPS

Gear up for this year’s bike adventures with a sturdy bag that keeps your snacks and gear within reach yet won’t bounce around or get in your way. Dark Speed Works’ Speedpack 483 secures to the top tube of your road, triathlon, or gravel bike using the company’s ZeroSlip strap system. Attach three Velcro strips to the bottom of the top tube and then strap on the Speedpack — no need to wrap anything around the steering tube. These non-slip straps prevent the pack from shifting yet can be removed without damaging your bike’s (or rental bike’s) finish. The pack measures just 2 inches wide, so it won’t get in your way, but it offers plenty of space for stashing about four energy bars. The easy-to-use zippered closure prevents snacks from bouncing out. The company, which manufactures its products in Chicago, also makes bike packs that offer more storage for longer journeys, such as the hefty Speedpack 915,



which can store up to 10 energy bars or even a phone. It also offers bolt-mount bags that attach to bikes with compatible frames. \$44-\$55. 312-772-3275, www.darkspeedworks.com

CHARGE MULTIPLE DEVICES AT ONCE

Keep your devices charged on the go with Satechi’s new 75W Dual USB-C Travel Charger. The compact, 11-ounce charger has two USB-C ports, offering 60- and 18-watt charging capability, and two 2.4-amp standard USB ports, letting you fuel up four devices at once. It supports 100- to 240-volt input range, making it versatile enough for your domestic and international travels. It also comes in a smaller, two-port version — the 30W Dual-Port Wall Charger — that offers one USB-C fast-charging port and one standard 2.4-amp USB port. Both devices are made with durable, heat-resistant materials. \$69.99 (75W charger), \$29.99 (30W charger). satechi.net

KARI BODNARCHUK